

CN Whole Grain Breaded Chicken Ring Things

PROCESSOR NAME:

PILGRIM'S PRIDE CORP. – GOLD KIST CHICKEN BRAND

CODE NUMBER:	499180
STANDARD YIELD:	102%
M/MA CONTRIBUTION:	2
GRAIN CONTRIBUTION:	1
GTIN:	10075632991801
CASE DIMENSIONS:	17L x 13W x 11.4H
SHELF LIFE:	365 days
CASES/PALLET:	56

CASE WT:	30#
SERVING SIZE:	3.48oz (5 pieces)
DONATED FOOD/CASE:	29.46#
SERVINGS/CASE:	136
GR. WT.:	32.06#
PALLET:	8T x 7H
CASE CUBE:	1.48

BID DESCRIPTIONS



Whole Grain breaded, fully cooked, CN labeled chicken "Rings" produced from USDA 100103 natural proportion white and dark meat commodity chicken. Unique "Ring Shaped" nugget batter breaded with Whole Grain enriched wheat flour in a crumb-style breading for optimum oven performance and extended holding times. Five "Rings" @ 0.695 oz. each guaranteed by CN label to provide 2 ounces meat/meat alternative and 1 grain serving. Product to provide zero grams trans fats.
CONTAINS: MILK, SOY, WHEAT

Nutrition Facts

Serving Size 5 Pieces (99g)	
Servings Per Container About 137	
Amount Per Serving	
Calories 220	Calories from Fat 90
% Daily Value*	
Total Fat 10g	15%
Saturated Fat 2g	10%
Trans Fat 0g	
Polyunsaturated Fat 4.5g	
Monounsaturated Fat 3g	
Cholesterol 55mg	19%
Sodium 380mg	16%
Potassium 310mg	9%
Total Carbohydrate 14g	5%
Dietary Fiber 2g	10%
Sugars 0g	
Protein 18g	
Vitamin A 2%	Vitamin C 0%
Calcium 2%	Iron 8%
Folate 2%	
<small>*Percent Daily Values are based on 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.</small>	
	Calories: 2,000 2,500
Total Fat	Less Than 65g 80g
Saturated Fat	Less Than 20g 25g
Cholesterol	Less Than 300mg 300mg
Sodium	Less Than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

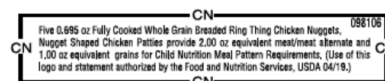


Fully Cooked

499180 WHOLE GRAIN BREADED RING THING CHICKEN NUGGETS NUGGET SHAPED CHICKEN PATTIES

INGREDIENTS: Chicken, Water, Isolated Soy Protein With Less Than 2% Lecithin, Reduced Sodium Sea Salt (Sea Salt, Potassium Chloride, Rice Flour), Sodium Phosphates, White Pepper, Onion Powder, Garlic Powder, **Breaded and Predusted With:** Whole Wheat Flour, Salt, Wheat Flour (Enriched with Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Whey, Dextrose, Spice, Soybean Oil (As A Processing Aid), Extractives of Turmeric and Paprika, **Battered With:** Water, Whole Wheat Flour, Spices, Leavening (Sodium Bicarbonate, Calcium Acid Pyrophosphate, Monocalcium Phosphate), Yeast Extract, Natural Flavor, Salt, Breading Set In Vegetable Oil.
CONTAINS: MILK, SOY, WHEAT

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Meal Pattern Requirements



HEATING INSTRUCTIONS FROM FROZEN: Conventional Oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer on ungreased baking pan. Bake uncovered for 30 minutes. **Convection Oven:** Preheat oven to 350°F. Place frozen chicken pieces in a single layer on ungreased baking pan. Bake uncovered for 14 minutes. Fully heat product to a minimum internal temperature of 165°F. Appliances vary, adjust heat times accordingly.



DISTRIBUTED BY: Pilgrim's Pride Corporation
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Camden Robbins, R.D., SNS

2/27/20

Camden Robbins, R.D., SNS Foodservice Prepared Foods Nutritionist

Date

Nutrient information for our product is based on the certified portion size as stated on CN label.



Get the products and support trusted by so many. Talk to your representative today:
Call 800.336.9876 or visit GoldKist.com