CN Traditional Whole Grain Breaded Chicken Nuggets

PROCESSOR NAME:

PILGRIM'S PRIDE CORP. – GOLD KIST CHICKEN BRAND

CODE NUMBER:	612100	**CASE WT:**	30#
STANDARD YIELD:	148%	**SERVING SIZE:**	3.04oz (5 pieces)
M/MA CONTRIBUTION:	2	**DONATED FOOD/CASE:**	20.28#
GRAIN CONTRIBUTION:	1	**SERVINGS/CASE:**	158
GTIN:	1007563212100	**GR. WT.:**	31.87#
CASE DIMENSIONS:	17.1L x 13.1W x 12.6H	**PALLET:**	8T x 7H
SHELF LIFE:	365 days	**CASE CUBE:**	1.48
CASES/PALLET:	56		

BID DESCRIPTIONS

Whole Grain Traditional-Breaded, fully-cooked CN labeled Chicken Nuggets produced from USDA 100103 natural proportion white and dark meat commodity chicken with isolated soy protein. No other types of soy permitted. Nuggets to be batter breaded with whole grain wheat flour traditional breading. FIve nuggets @ 0.608 oz. each guaranteed by CN Label to provide 2 oz meat/meat alternative and 1 grain serving. Minimum portion count to be stated on label. Product to provide zero grams trans fats. CONTAINS: MILK, SOY, WHEAT

GOLD KIST CHICKEN

Fully Cooked

612100

WHOLE GRAIN BREADED CHICKEN NUGGETS
NUGGET SHAPED CHICKEN PATTIES

INGREDIENTS: Chicken, Water, Isolated Soy Protein with Less Than 2% Lecithin, Sugar, Reduced Sodium Sea Salt (Sea Salt, Potassium Chloride, Rice Flour), Sodium Phosphates, White Pepper, Onion Powder, Garlic Powder. **Breaded With:** Whole Wheat Flour, Salt, Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Dextrose, Leavening (Sodium Bicarbonate, Sodium Acid Pyrophosphate, Monocalcium Phosphate), Ascorbic Acid (Vitamin C), Mono And Diglycerides, Soybean Oil, Extractives Of Paprika. **Battered With:** Water, Whole Wheat Flour, Salt, Whey, Leavening (Calcium Acid Pyrophosphate, Monocalcium Phosphate, Sodium Bicarbonate), Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Spice, Ascorbic Acid (Vitamin C), Soybean Oil (As A Processing Aid), Garlic Powder, Xanthan Gum, Extractives Of Paprika. Breading Set In Vegetable Oil.
CONTAINS: MILK, SOY, WHEAT

Copy Not For Documenting
Federal Meal Pattern Requirements

CN
CN 098105 CN
Five 0.608 oz Fully Cooked Whole Grain Breaded Chicken Nuggets, Nugget Shaped Chicken Patties provide 2.00 oz equivalent meat/meat alternate and 1.00 oz equivalent grains for Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Services, USDA 04/19.)
CN

HEATING INSTRUCTIONS FROM FROZEN: Conventional Oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer on an ungreased baking pan. Bake uncovered for 30 minutes. **Convection Oven:** Preheat oven to 350°F. Place frozen chicken pieces in a single layer on an ungreased baking pan. Bake uncovered for 14 minutes. Insert a meat thermometer into the thickest portion of the product. Continue heating until the internal temperature reaches 165°F. Appliances vary, adjust heat times accordingly.

Pilgrim's

DISTRIBUTED BY: Pilgrim's Pride Corporation
1770 Promontory Circle, Greeley, CO 80634 800-321-1470 www.goldkist.com

Product of USA

(01)1 00 75632 12100 0

Nutrition Facts

Serving Size 5 Pieces (88g)
Servings Per Container About 158

Amount Per Serving

Calories 200	Calories from Fat 90
	% Daily Value*
Total Fat 10g	**15%**
Saturated Fat 2g	**11%**
Trans Fat 0g	
Polyunsaturated Fat 4g	
Monounsaturated Fat 3g	
Cholesterol 35mg	**12%**
Sodium 410mg	**17%**
Potassium 220mg	**6%**
Total Carbohydrate 12g	**4%**
Dietary Fiber 2g	**7%**
Sugars less than 1g	
Protein 15g	

Vitamin A 2% • Vitamin C 100%
Calcium 2% • Iron 10%
Folate 0%

*Percent Daily Values are based on 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Saturated Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Nutrient information for our product is based on the certified portion size as stated on CN label.

Camden Robbins R.D., SNS — 4/1/20

Camden Robbins, R.D., SNS Foodservice Prepared Foods Nutritionist **Date**

GOLD KIST CHICKEN

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