

CN Traditional Whole Grain Breaded Chicken Nuggets

PROCESSOR NAME:

PILGRIM'S PRIDE CORP. – GOLD KIST CHICKEN BRAND

CODE NUMBER:	612100
STANDARD YIELD:	148%
M/MA CONTRIBUTION:	2
GRAIN CONTRIBUTION:	1
GTIN:	1007563212100
CASE DIMENSIONS:	17.1L x 13.1W x 12.6H
SHELF LIFE:	365 days
CASES/PALLET:	56

CASE WT:	30#
SERVING SIZE:	3.04oz (5 pieces)
DONATED FOOD/CASE:	20.28#
SERVINGS/CASE:	158
GR. WT.:	31.87#
PALLET:	8T x 7H
CASE CUBE:	1.48

BID DESCRIPTIONS



Whole Grain Traditional-Breaded, fully-cooked CN labeled Chicken Nuggets produced from USDA 100103 natural proportion white and dark meat commodity chicken with isolated soy protein. No other types of soy permitted. Nuggets to be batter breaded with whole grain wheat flour traditional breading. Five nuggets @ 0.608 oz. each guaranteed by CN Label to provide 2 oz meat/meat alternative and 1 grain serving. Minimum portion count to be stated on label. Product to provide zero grams trans fats. CONTAINS: MILK, SOY, WHEAT

Nutrition Facts

Serving Size 5 Pieces (86g)
Servings Per Container About 158

Amount Per Serving	
Calories 200	Calories from Fat 90
% Daily Value*	
Total Fat 10g	15%
Saturated Fat 2g	11%
Trans Fat 0g	
Polyunsaturated Fat 4g	
Monounsaturated Fat 3g	
Cholesterol 35mg	12%
Sodium 410mg	17%
Potassium 220mg	6%
Total Carbohydrate 12g	4%
Dietary Fiber 2g	7%
Sugars less than 1g	
Protein 15g	
Vitamin A 2%	Vitamin C 100%
Calcium 2%	Iron 10%
Folate 0%	
*Percent Daily Values are based on a diet of other people's misdeeds.	
Your daily values may be higher or lower depending on your calorie needs:	
Calories:	2,000 2,500
Total Fat	Less Than 65g 80g
Saturated Fat	Less Than 20g 25g
Cholesterol	Less Than 300mg 300mg
Sodium	Less Than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9	Carbohydrate 4 • Protein 4



Fully Cooked

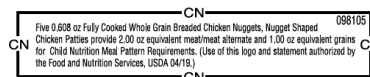
612100 WHOLE GRAIN BREADED CHICKEN NUGGETS NUGGET SHAPED CHICKEN PATTIES

INGREDIENTS: Chicken, Water, Isolated Soy Protein with Less Than 2% Lecithin, Sugar, Reduced Sodium Sea Salt (Sea Salt, Potassium Chloride, Rice Flour), Sodium Phosphates, White Pepper, Onion Powder, Garlic Powder. **Breaded With:** Whole Wheat Flour, Salt, Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Dextrose, Leavening (Sodium Bicarbonate, Sodium Acid Pyrophosphate, Monocalcium Phosphate), Ascorbic Acid (Vitamin C), Mono And Diglycerides, Soybean Oil, Extractives Of Paprika. **Battered With:** Water, Whole Wheat Flour, Salt, Whey, Leavening (Calcium Acid Pyrophosphate, Monocalcium Phosphate, Sodium Bicarbonate), Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Spice, Ascorbic Acid (Vitamin C), Soybean Oil (As A Processing Aid), Garlic Powder, Xanthan Gum, Extractives Of Paprika, Breading Set In Vegetable Oil.

CONTAINS: MILK, SOY, WHEAT

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Federal Meal Pattern Requirements

HEATING INSTRUCTIONS FROM FROZEN: Conventional Oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer on an ungreased baking pan. Bake uncovered for 30 minutes. **Convection Oven:** Preheat oven to 350°F. Place frozen chicken pieces in a single layer on an ungreased baking pan. Bake uncovered for 14 minutes. Insert a meat thermometer into the thickest portion of the product. Continue heating until the internal temperature reaches 165°F. Appliances vary, adjust heat times accordingly.



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Nutrient information for our product is based on the certified portion size as stated on CN label.

Camden Robbins R.D., SNS

4/1/20

Camden Robbins, R.D., SNS Foodservice Prepared Foods Nutritionist

Date



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