

# Buffalo Chicken Wrap

*Pierce® Dark Meat Menu Strips (1260) served in a whole wheat wrap with a flavorful Buffalo sauce adds zest to your students' day.*



## YIELD

50 servings

## MENU FIT/DAYPART

Lunch/Summer

## COMPONENTS

2oz eq M/MA

2oz grain

## DIFFICULTY

Easier

## ALLERGENS

Dairy, Gluten

## INGREDIENTS AND PREPARATION

**50 servings (2.47oz each; about 8 pounds) Pierce Dark Meat Menu Strips**

**50 12"-whole wheat tortillas**

**12.5 cups lower-sodium Buffalo sauce**

**3 cups shredded Cheddar cheese**

**12.5 cups shredded Romaine lettuce**

1. Preheat oven to 350°F. Place frozen chicken pieces in a single layer on an ungreased baking pan. Bake for 9 minutes in a conventional oven or 4-5 minutes in a convection oven or until internal temperature reaches 165 ° F. Cool to 41 ° F.
2. Add sauce to chicken just before assembling wraps. Mix thoroughly to cover all pieces.
3. To make each wrap, lay tortilla flat. Sprinkle with 1/4 cup lettuce. Add one serving (using 1/2 cup scoop) chicken and sauce along the center on top of the lettuce. Sprinkle 1 tablespoon cheese over chicken. Fold bottom edge of tortilla up and roll into a tight wrap. Cut in half. Serve as is or wrap in plastic wrap or foil. Keep cool until service.

*Serving Suggestions:* Serve with a celery, carrots, Ranch dressing, an apple and milk.

Nutrition Facts		
Serving Size (177g) (1 wrap)		
Amount Per Serving		
<b>Calories 360</b>	<b>Calories from Fat 140</b>	
% Daily Value*		
<b>Total Fat 16g</b>	<b>25%</b>	
Saturated Fat 6g	30%	
Trans Fat 0g		
<b>Cholesterol 85mg</b>	<b>28%</b>	
<b>Sodium 910mg</b>	<b>38%</b>	
<b>Total Carbohydrate 30g</b>	<b>10%</b>	
Dietary Fiber 4g	16%	
Sugars 3g		
<b>Protein 25g</b>		
Vitamin A 30%	Vitamin C 6%	
Calcium 20%	Iron 15%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:		
Calories:	2,000 2,500	
Total Fat	Less than 65g 80g	
Saturated Fat	Less than 20g 25g	
Cholesterol	Less than 300mg 300mg	
Sodium	Less than 2,400mg 2,400mg	
Total Carbohydrate	300g 375g	
Dietary Fiber	25g 30g	
Calories per gram:		
Fat 9	Carbohydrate 4	Protein 4



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